

# All About Me!



I AM \_\_\_\_\_ YEARS OLD.

MY FAVOURITE COLOUR IS:

---

SOMETHING I LOVE TO DO IS:

---

I GET FRUSTRATED WHEN:

---

---

---

---

---

---

I'M REALLY GOOD AT:

---

I GET SCARED WHEN:

---

---

---

THESE THINGS HELP ME TO CALM DOWN:

1.

---

2.

---

3.

---

4.

---